

Family

Give thanks for the Family support groups which take place monthly in two different areas. Pray these will be a help and support for families, and that new people will have the confidence to join.

People often say, *'I need help, but I hate asking for help.'* As Sandra & Claire visit families, pray for good and open relationships, and that people will feel comfortable to share about their struggles.

Pray for those who support a family member struggling with chronic alcohol and drug addiction. Seek God for them, to know His grace and strength. to another. Pray for God's help and strength, and for this cycle to be broken.

As we thank God for the many organisations that provide help and support, ask for wisdom for PF staff and volunteers who visit to know what help to offer and where to refer people to.

Prison

Give thanks for the open doors and opportunities for the PF prison staff- Dean, Paul, Michael and Joanne to visit and share the gospel with the men and women in our prisons.

Pray for the weekly meetings in the prisons and for the Christian men and women attending to be built up in their faith and encouraged.

Give thanks for the faithful volunteers who give of their time each week and share the message of Jesus in sometimes a very challenging environment.

Another 'Sycamore Tree' Restorative Justice course has just started in all 3 prisons. We thank the Lord for this opportunity and pray He will lead each course, and touch hearts to bring lasting hope, change and restoration.

Pray for 'A', who suffers from alcohol and drug addiction and is really having a hard time presently. His father has been admitted to hospital and is very ill. 'A' is doing his best to change his life around. PF staff pray regularly with him, but he still finds it hard to cope, especially with deteriorating mental health.

Volunteer

Praise God for another successful Christmas Hope with over 70 volunteers helping to pack, sort and deliver hampers. We are truly thankful for the men and women who came forward from various churches to serve those in our care. Thank-you for your faithful prayers.

New volunteers are helping in their first Sycamore Tree programme this month. Pray for divine opportunities to listen and encourage in this role. Pray for courage and boldness as they serve in the three prisons.

Pray for new volunteer roles to open in the PF Centre this year, as we continue to recruit and support our volunteers within the ministry of Prison Fellowship.

Aftercare - Women

1st Feb - Pray for Instilling Hope meeting tonight. Last month S came along. Pray she will come back and that each of the women will have an encouraging evening.

Pray for L who is so scared of a return to prison and has been feeling extremely suicidal. Pray she will continue to reach out and engage.

J has recently come through a course of radiotherapy. She is not well and has other health issues. She is incredibly worried. Pray for peace.

Aftercare - Men

The Voices of Hope Choir begin practice again this month. Pray for the men who come, for new members, and Ali's health. We have bookings for February, March, and April.

R phoned the office before Christmas and has been to church with us in Dec and Jan. He has many problems to deal with. Please pray for R, for the church, and us as we help.

Pray for Male Aftercare and our volunteers. There is a great need, especially with those newly released from prison. Pray for a new way - God's way - to meet this need in 2024.